



## ***Tribal Youth Suicide Prevention: Current Perspectives***

***Hosted by HRSA's Office of Regional Operations-Denver***

**Thursday, September 22, 2016**

**1:00-2:30 pm EDT**

**(12:00-1:30 CDT) (11:00-12:30 MDT) (10:00-11:30 PDT)**



***This FREE webinar is designed for providers and organizations who serve at-risk tribal youth***

- **An Overview of Suicide in Indian Country**
- **The White Mountain Apache Suicide Surveillance and Prevention System**
- **#WeNeedYouHere: Promoting Suicide Prevention Through We R Native's Social Media Network**

**To join the webinar**, Click on the link and Use the dial-in information below:

**<https://hrsa.connectsolutions.com/tyspcp-webinar/>**

**DIAL-IN: 888-566-5785; Participant passcode: 7573815**

***No registration is required.***

# ***Tribal Youth Suicide Prevention: Current Perspectives***

**Presented by:**

***Jacqueline S. Gray, PhD***

**Seven Generations Center of Excellence in Native Behavioral Health  
Center for Rural Health  
University of North Dakota**

***Mary Cwik, PhD***

**Center for American Indian Health  
Johns Hopkins Bloomberg School of Public Health**

***Stephanie Craig Rushing, PhD, MPH***

**Northwest Tribal Epidemiology Center  
Northwest Portland Area Indian Health Board**

## **DESCRIPTION:**

This webinar is designed to build knowledge of suicide and prevention activities in Indian Country and increase competency to address this problem. Presenters will provide up-to-date information on suicide prevention activities, to include best practices and innovative strategies. An overview of suicide and prevention efforts in Indian Country will set the stage, and information on culturally-relevant prevention, treatment, and rehabilitation activities will be discussed as well as current efforts to address suicide prevention for Native Americans/Alaska Natives. In addition, the White Mountain Apache Tribe Suicide Surveillance System will be described, to include how surveillance findings are incorporated into current suicide prevention strategies for this population. Lastly, We R Native, a multimedia health resource for Native teens and young adults, will be highlighted with a focus on suicide prevention via social media.

## **OBJECTIVES:**

After participating in this webinar, you will be able to:

- Identify culturally-based suicide prevention, treatment, and rehabilitation interventions for Native Americans
- List three current efforts to address suicide in Indian Country
- Describe the process for developing a tribal surveillance system, the data generated, and resulting public health strategies
- Identify ways that social media can be used to impact tribal youth suicide

## **PRESENTERS:**

**Jacqueline S. Gray, PhD:**

***(An Overview of Suicide in Indian Country)***

Dr. Jacque Gray, PhD, a Choctaw/Cherokee Research Associate Professor at the Center for Rural Health at the University of North Dakota, is director of the Seven Generations Center of Excellence in Native Behavioral Health and Associate Director of the Center for Rural Health Indigenous Programs at the School of Medicine and Health Sciences. She is also director of the National Indigenous Elder Justice Initiative (NIEJI) that was funded in the fall of 2011 to address the issues of Elder Abuse in Indian Country. Gray has worked addressing health, mental health and health disparities across Indian Country. Her work focuses on mental health in Indian Country. Gray has worked with tribes across the U.S. for over 30 years. Gray received her doctorate from Oklahoma State University in 1998 and has been at the University of North Dakota since 1999.

**Mary Cwik, PhD**

***(The White Mountain Apache Suicide Surveillance and Prevention System)***

Dr. Cwik joined the Johns Hopkins School of Medicine Division of Child & Adolescent Psychiatry in 2005 as a postdoctoral fellow. Her background is in child clinical psychology and her fellowship consisted of specialized training in youth suicide prevention and intervention, including Emergency Department settings. She served as a site project coordinator and therapist for the Treatment of Adolescent Suicide Attempters (TASA) study which is part of a national research effort, sponsored by NIMH, to develop and evaluate treatment strategies for this population. Dr. Cwik joined the faculty at the Center for American Indian Health in 2005 as an Assistant Scientist. She has managed or served as the Principle Investigator on several youth suicide and substance abuse prevention initiatives, and is currently working on three initiatives addressing youth suicide prevention through community-based participatory research with the White Mountain Apache Tribe. Her primary responsibilities include adapting interventions for use on the reservation, as well as training and providing supervision to tribal partners.

**Stephanie Craig Rushing, PhD, MPH**

***(#WeNeedYouHere: Promoting Suicide Prevention Through We R Native's Social Media Network)***

Stephanie Craig Rushing, PhD, MPH is the Director of We R Native, Project Red Talon, and THRIVE at the Northwest Portland Area Indian Health Board. She contributes to adolescent health promotion projects, and mixed methods community-based participatory research activities at the regional and national level. Stephanie has worked at the Board for twelve years. She completed her Masters of Public Health concentrating on International Health Development at Boston University, and her PhD in Public Administration and Policy at the Hatfield School of Government at Portland State University, focusing on Community Health and Social Change.